

Tips for Success

What Are Microgreens?: Imagine baby plants that are just starting to grow and are harvested before they are fully grown. That is a Microgreen. We love them because they are incredibly nutrient dense. Bite for bite they are some of the most richly nutritious foods we can eat! And they also have some of the most delicate, sweetest flavor of any veggie. They're fun and easy to grow, and prove that anyone in any size home can grow their own food! They're the perfect veggie to start growing.

Lighting: These are best grown when given 4-6 hours of good sunlight. They can be grown indoors next to a southern facing window. If no windows are available they can be grown with an additional lighting source, such as a single LED grow light or lamp that is allowed to stay on from morning to night. They can also be grown outside where they receive morning sunlight. If grown outside, please keep them sheltered from the wind.

Spacing: Unlike growing traditional veggies in the garden, these do not need to be spaced out when grown. You can sprinkle a lot of seeds together in the trays and they will grow perfectly well together. It is in fact best to do so because it optimizes and maximizes your growing area.

Microgreens Kit: With one kit you can eat fresh Microgreens for months. Start to finish you'll be eating in 1 week! Each kit has everything you need for success - trays to plant in, soil, and tons of Microgreen seeds. We've put only our favorite, most flavorful microgreen seeds in the kit - Arugula Greens, Radish Greens, Mustard Greens & Salad Mix Greens. Perfect for salads, sandwiches & wraps.

We help you grow!: For a quick video tutorial showing how to grow your microgreens, simply search "Microgreens How to Grow with Devin Wallien". More growing information can be found at robertasuniquegardens.com and qvc.com.



Roberta's Gardens PLANTING AND GROWING GUIDE



Microgreens Collection

Arugula Greens, Mustard Greens, Radish Greens,
Salad Mix Greens

We aren't happy if you aren't happy. If you have any questions regarding your order please call us at **1-765-525-4065** during the hours of 8:30 am and 4:30 pm EST.

You can email questions to us at: customerservice@robertasinc.com.

If your bulbs, cuttings, etc. do not sprout, or your plant dies within 90 days from the date of shipment, we will send you a replacement free of charge. We cannot accept responsibility for losses due to extreme weather or neglect. Simply call us at the above toll free number or fill out the plant replacement form on our website at RobertasUniqueGardens.com.

Roberta's will replace it with a similar or comparable plant at no charge. If your replacement is not available or it is too late in the season to ship, it will ship the following year.



Roberta's Unique Gardens

P.O. Box 368, Waldron, IN 46182

Monday - Friday 8:30AM - 4:30PM EST

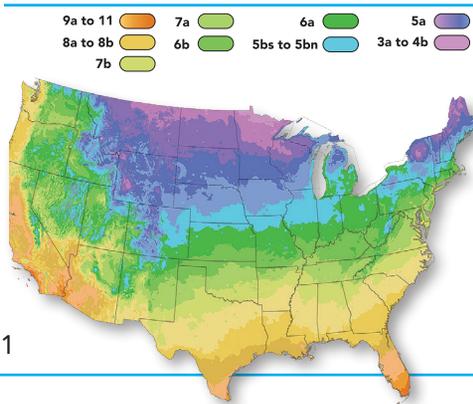
RobertasUniqueGardens.com

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Annual and Tropical Plants

Quick Reference

-  **Plant Type:** Annual
-  **Light/Sun:** Partial Sun to Partial Shade
-  **Mature Height:** 2-4"
-  **Mature Spread:** 2-4"
-  **Bloom Time:** n/a
-  **USDA Hardiness Zones:** 3 to 11



Plant Caretaking

Upon Arrival: Please take everything out of the box and store seeds in the refrigerator until ready to use.

Planting Depth & Spacing: Use the provided insert tray when growing your seeds. Fill up the tray about 3/4 quarters of the way up with soil. Sprinkle on 1 tsp of seeds and then cover with a bit more soil.

Potted Plants: We recommend using the insert trays we have provided. You can reuse them as often as you'd like.

Soil Preparation: Moisten the dehydrated soil disks in a large bowl by adding water until the soil has achieved the right consistency—moist, light and fluffy. If you've added too much water you can try to remove some water by squeezing the soil to remove excess liquid.

Watering: Ensure that your microgreen seeds remain moist throughout the growing process. This may require adding small amounts of water by hand or spritzing with a hand sprayer.

Fertilizer: There is no need to fertilize your micro greens.

Pet Considerations: Ensure your pets do not consume plants.

Planting Steps

Step 1 Start by hydrating the soil disks with water. Gradually add more water until the soil becomes a consistency that is easy to work with and light and fluffy.

Step 2 Add moistened soil mixture to each of the four insert about 3/4 quarters of the height of the tray. Place the four insert trays into the larger tray.

Step 3 Sprinkle 1 teaspoon of seeds into each of the four insert trays. Add a bit more soil just on top to ensure they are covered.

Step 4 Place tray by a sunny window or under the light of a lamp. Keep well lit for about 12 hours a day.

Step 5 Ensure soil mix remains moist but not soggy wet. You can use a hand mister or gently add water if soil appears to be drying out.

In about 7-10 days the seeds will have sprouted and are ready to be harvest. Simply take scissors and cut off the sprouts from the soil. Discard the soil but keep the insert trays for future micro greens.

Use micro greens on salads, sandwiches, wraps or however you desire!

